

CERTIFICATE OF PARTICIPATION

This is to certify that

Fredrig Lamprecht

Has successfully participated & completed the

5km Cowhouse Winter Trail Run 2017

held at Cowhouse Market.

TIME 00:50:18

PACE 10:03/km

GENDER 40 of 49

OVERALL 108 of 133

40 - 49 8 of 8

29 July 2017, Sat

Date



BoutTime

Signature

